

Additional Information

Nebraska Department of Roads
State Bicycle Coordinator
PO Box 94759
Lincoln NE 68509-4759
www.transportation.nebraska.gov
Choose Hiking and Biking Link
dor.bikeped@nebraska.gov
Phone: 402-479-3924

Nebraska Division of Tourism
PO Box 98907
Lincoln NE 68509-8907
<http://www.visitnebraska.gov>
Phone: 1-800-228-4307

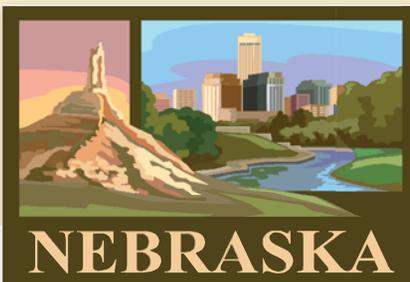
Trails Information

Nebraska Game & Parks Commission
220 North 33rd Street
Lincoln NE 68503
<http://outdoornebraska.ne.gov/gisapps/default.asp>
E-mail: duane.westerholt@nebraska.gov
Phone: 402-471-5511

Nebraska Department of Motor Vehicles
<http://www.dmv.ne.gov>

National Highway Traffic Safety Administration
<http://www.nhtsa.gov/Bicycles>

Safe Routes Nebraska
Nebraska Department of Roads
<http://www.saferoutesne.com/>



Nebraska Department of Roads

1500 Hwy 2
PO Box 94759
Lincoln NE 68509-4759
Phone: 402-479-4519
Fax: 402-479-3884
dor.bikeped@nebraska.gov

Emergency Highway Help

Nebraska State Patrol...1-800-525-5555
Cellular*55
Emergency/Police911
Weather & Road Conditions.....511
Outside of Nebraska1-800-906-9069



Produced by
Nebraska Department of Roads
Planning & Project Development Division – Bike/Ped Staff

October 2010

Nebraska Bicycle Safety



www.transportation.nebraska.gov

Safety Tips

Helmets: Bicyclists are strongly encouraged to wear a Consumer Product Safety Commission approved helmet at all times.

Railroad tracks: Cross railroad tracks as close to a right angle as possible, using caution not to lean bike when contacting the track.

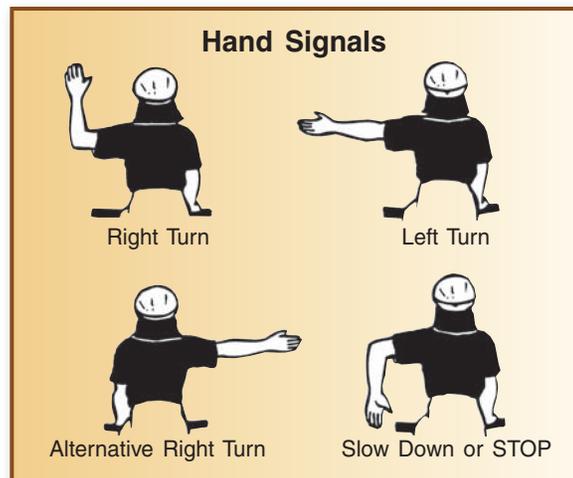
Be predictable: Avoid sudden movements. Do not surprise motorists, pedestrians or other bicyclists. Always signal your turn.

See and be easily seen: Wear brightly colored clothes and reflectors. Try not to ride alone. Two bicyclists are more visible than one. A rearview mirror can be a valuable safety benefit to bicyclists when sharing the roadway with trucks and wide vehicles.

Use paved shoulders: When riding on highways with paved shoulders, ride on the paved shoulder if at all possible. Surface shoulder roadways and higher volumes of commercial vehicles (*trucks*) go hand-in-hand.

Use hand signals: Signaling your intentions is essential to let motorists and riding companions know what you are about to do.

Items to take along: Cell phone, identification card, medical card, first aid kit, bicycle tire repair kit and plenty of water.



Ride as near to the right side of the roadway as practical, unless:

- you are overtaking and passing another bicycle or vehicle.
- you are preparing to make a legal left turn.
- you are traveling the same speed of the current traffic.
- you are traveling on a paved shoulder of a highway.
- it is reasonably necessary to avoid unsafe conditions.
- the lane you are in is too narrow for both vehicle and bicycle to travel side by side.
- you are on a multilane one-way, 35 mph or less, you may ride as near to the left side of roadway.

Equipment on Bicycles

- Brakes that can stop your bicycle within 25 feet at 10 mph (*based on ideal conditions*).
- A red reflector on the rear of your bike when riding at night (*City of Lincoln requires a rear red light*).
- A light on the front of your bike for night riding.
- Side reflectors on your bicycle wheels when riding at night.
- Reflectors on your pedals (*or shoes*) when riding at night.

Trail Safety Tips

- Ride within your ability.
- Keep right when riding. When passing another trail user, pass on the left and call out, "passing on your left."
- Use marked and visible routes to avoid creating new trails.
- Bicycles yield to horses, hikers and runners. Hikers and runners yield to horses. When in doubt, give the other user the right-of-way.
- Be courteous and respect all users of the trail.
- Minimize your impact on the trail—**pack out what you pack in!**

Nebraska Bicycle Law

The following is a summary of bicycle laws in Nebraska. This is not an inclusive listing. For more details, see Neb.Rev.Stat. §60-611; §60-680; §60-6,142-144; 60-6,163; §60-6,163 and §60-6,314.319. Local authorities may have additional regulations within their jurisdictions.

Bicyclists are required to follow the same rules of the road as motorists. A bicyclist riding on a highway generally has all the rights of a vehicle and shall be subject to all the duties applicable to the driver of a vehicle (*some exceptions do exist*). Parents or guardians are responsible for the actions of children under the age of 16.

Restricted Highways (*Interstate and Freeway*) Bicyclists are not allowed to ride on Interstate highways or freeways in Nebraska (*a freeway is defined as a fully access controlled highway with "no" at-grade crossings*).

Mandatory Side Path Law

Bicyclists should not ride a bicycle on the highway if a usable bike path is adjacent. This does not apply when riding on surface (*paved*) shoulders.

State Patrol Advice

Although Nebraska has laws that require reflectors and a light on bicycles for riding at night, the Nebraska State Patrol does not recommend riding a bicycle on rural state highways at night due to the higher speeds and reduced visibility.

Ride single file when riding on the highway. Bicyclists must ride single file when on the highway. This does not apply when riding on the surfaced shoulder. Bicyclists must signal their turn if they leave the shoulder to ride on the highway and yield the right-of-way to all other vehicles.